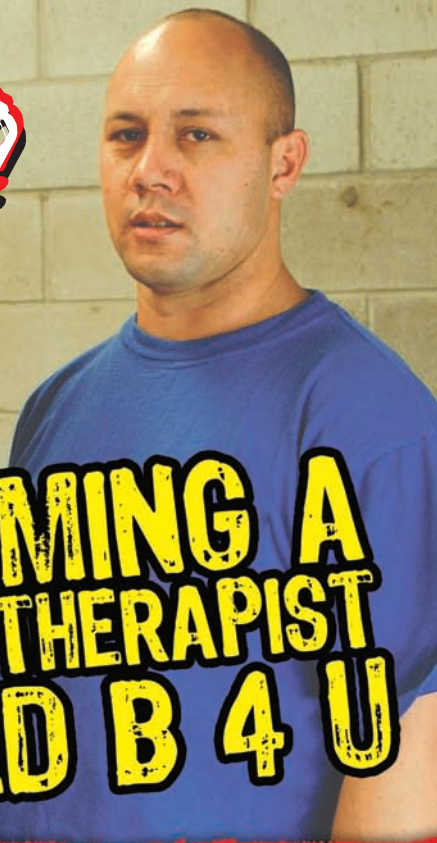


WHAT'S
GONNA DO?



BECOMING A PHYSIOTHERAPIST COULD B 4 U

"I like the variety of my job. Because I work with different sports teams I get to meet lots of different people and I get to travel around the world with teams like Manu Samoa and the NZ Olympic team."
Jordan, sports physiotherapist in Otara

Q What does a physiotherapist do?

Q What subjects do I need to take at school?

Q How do I get into it?

Q Will I get a job after studying?

Q Where can I find out more information?

Are you interested in sport and exercise? Do you like working with other people? Are you curious about how our bodies work best? Do you like the thought of an active job that keeps you moving?

If you answered yes, then becoming a PHYSIOTHERAPIST could B 4 U!

What does a physiotherapist do?

Physiotherapists have a huge role to play in helping people retain or regain their physical function following a sports injury, an accident, surgery or poor health. They identify problems and how to manage them. They may do this through manipulation, specialist massage, exercise or by using hi-tech equipment to promote recovery. Physiotherapists also educate people on how to prevent injury. This variety makes physiotherapy a very rewarding and diverse profession.

What subjects do I need to take at school?

No specific subjects are required but English, biology, chemistry and physics are all good subjects to take.

How do I get into it?

You need to do a 4-year degree in physiotherapy at either Auckland University of Technology (AUT) or the University of Otago. Check out the accompanying "Health Occupations Summary" for a more detailed list of courses available and entry requirements.

Will I get a job after studying?

There is a world-wide shortage of physios so there are plenty of jobs. Your NZ qualification is recognised internationally so there are opportunities to work overseas as well.

Where can I find out more information?

AUT, Division of Rehabilitation and Occupational studies

Website: www.aut.ac.nz

Email: courseinfo@aut.ac.nz

Tel: 0800 AUT UNI

University of Otago, School of Physiotherapy

Website: www.otago.ac.nz (Dunedin campus)

Email: physiotherapy@otago.ac.nz

Tel: 0800 68 74 89

Careers website: www.cmdhb.org.nz/careers

www.healthcareers.org.nz

www.kiwicareers.govt.nz

www.kiwiquals.govt.nz

For any other questions call Counties Manukau District Health Board on (09) 259 5052 to speak with someone about careers or email careers@cmdhb.org.nz.