


**WHAT'S
GONNA DO?**



**BECOMING A
NURSE
COULD B 4 U**

"Nursing is not a job, it's a career. Once you become a nurse there are a lot of emerging pathways that you can get into, such as a nurse lecturer, specialist or flight nurse. It's fulfilling and can lead you to a lot of places, wherever you set your mind to."

Harriet, community practice Nurse at Mangere Family Doctors

Q What does a nurse do?

Q What subjects do I need to take at school?

Q How do I get into it?

Q Will I get a job after studying?

Q Where can I find out more information?

Do you like caring for people? Would you like to be part of an exciting profession that is in high demand? Are you thinking of doing some overseas travel?

If you answered yes, then becoming a NURSE could B 4 U!

What does a nurse do?

Nursing is a science based profession that requires the ability to understand how the body works and how that relates to disease processes in order to help people be as healthy as they can.

There is a huge variety of nursing roles available to develop a career in nursing. Some of these roles include:

- 1. Primary Health Care Nurses** who work in areas like child health (e.g. a Plunket nurse), youth health (e.g. a school nurses), Maaori health, Pacific health, mental health and general health (e.g. a practice nurse based in a general practice). They may also work in health promotion which involves working with schools and communities to educate about health.
- 2. Hospital Nurses** who work in emergency departments, operating theatres, intensive care units and many hospital wards, providing complex care for a huge range of medical conditions for all ages.
- 3. Nurse Educators** who teach and support nurses in clinical areas like hospitals, in the community and in educational institutions like Auckland University of Technology (AUT).
- 4. Opportunities** to develop expert practice in a particular field by becoming Nurse Specialists or Nurse Practitioners who can run their own nurse-led clinics.
- 5. Opportunities** to work overseas and within relief organisations like Red Cross.

What subjects do I need to take at school?

English, biology, chemistry and maths are good subjects to take. If you haven't taken the right subjects don't worry, as you can do a bridging programme like the Pre-degree Certificate in Health Studies at AUT.

There is also an alternative entry scheme at the University of Auckland called MAPAS for Maaori and Pacific students. Check out the University of Auckland website below for more information.

How do I get into it?

You need to do a 3-year degree in nursing. You can do this at the Manukau Institute of Technology (MIT), the University of Auckland, Auckland University of Technology, Unitec and many other educational institutions around NZ.

Check out the accompanying "Health Occupations Summary" for a more detailed list of courses available and entry requirements.

Will I get a job after studying?

You are very likely to get a job as there is a global shortage of nurses. The shortage is expected to get worse in the future.

Where can I find out more information?

MIT, Department of Nursing and Health Studies
Website: www.manukau.ac.nz/departments/health
Email: info@manukau.ac.nz Tel: 0800 62 62 52

Auckland University of Technology, School of Health Care Practice
Website: www.aut.ac.nz Email: courseinfo@aut.ac.nz Tel: 0800 288 864

The University of Auckland, Faculty of Medical & Health Sciences
Website: www.health.auckland.ac.nz/nursing
Email: studentinfo@auckland.ac.nz Tel: 0800 61 62 63

Other useful websites: www.moh.govt.nz/nursing
www.careersinnursing.co.nz

Careers websites: www.cmdhb.org.nz/careers
www.healthcareers.org.nz
www.kiwicareers.govt.nz
www.kiwiquals.govt.nz

For any other questions call Counties Manukau District Health Board on (09) 259 5052 to speak with someone about careers or email careers@cmdhb.org.nz.