

WHATCHA  
GONNA DO?

# BECOMING A MIDWIFE COULD B 4 U

*"I love the autonomy of being a midwife and working in partnership with women and families to support and educate during the most precious and exciting time in their lives - pregnancy, birth and the 6 weeks following childbirth."*

Kate, midwife for Counties Manukau District Health Board

**Q** What does a midwife do?

**Q** What subjects do I need to take at school?

**Q** How do I get into it?

**Q** Will I get a job after studying?

**Q** Where can I find out more information?

**Do you want to work in an exciting, dynamic and rewarding profession? Do you enjoy working with people and their families? Do you enjoy a challenge?**

**If you answered yes, then becoming a MIDWIFE could B 4 U!**

### **What does a midwife do?**

Midwifery is a very special career. It involves being part of a very important time in people's lives – becoming parents and welcoming new babies into families. Midwives work together with women, babies and families during pregnancy, birth and until the babies are 6 weeks old. Midwives work in all sorts of places including people's homes, antenatal (pregnancy) clinics, hospitals and birthing centres. There are many areas that midwives can specialise in such as homebirth, caring for teenage mums or caring for women with complex pregnancy problems like diabetes.

### **What subjects do I need to take at school?**

English, science (particularly biology and chemistry) and maths are good subjects to take. If you haven't taken the right subjects don't worry as you can do a bridging programme before starting your degree.

### **How do I get into it?**

You will need to study for a 3-year Bachelor of Midwifery which is offered by several educational institutions around NZ including Auckland University of Technology (AUT).

Check out the accompanying "Health Occupations Summary" for a more detailed list of courses available and entry requirements.

### **Will I get a job after studying?**

Dynamic midwives will always find a job! There is currently a critical shortage of midwives in Counties Manukau as well as throughout NZ and overseas.

### **Where can I find out more information?**

AUT, School of Midwifery

Website: [www.aut.ac.nz](http://www.aut.ac.nz)

Email: [courseinfo@aut.ac.nz](mailto:courseinfo@aut.ac.nz)

Tel: 0800 AUT UNI

Otago Polytechnic [www.tekotago.ac.nz](http://www.tekotago.ac.nz)

Christchurch Polytechnic Institute of Technology [www.cpit.ac.nz](http://www.cpit.ac.nz)

Massey University [www.massey.ac.nz](http://www.massey.ac.nz)

Waikato Institute of Technology [www.wintec.ac.nz](http://www.wintec.ac.nz)

NZ College of Midwives [www.midwife.org.nz](http://www.midwife.org.nz)

The Midwifery Council [www.midwiferycouncil.org.nz](http://www.midwiferycouncil.org.nz)

Careers websites: [www.cmdhb.org.nz/careers](http://www.cmdhb.org.nz/careers)

[www.healthcareers.org.nz](http://www.healthcareers.org.nz)

[www.kiwicareers.govt.nz](http://www.kiwicareers.govt.nz)

[www.kiwiquals.govt.nz](http://www.kiwiquals.govt.nz)

For any other questions call Counties Manukau District Health Board on (09) 259 5052 to speak with someone about careers or email [careers@cmdhb.org.nz](mailto:careers@cmdhb.org.nz).