

**WHATCHA
GONNA DO?**

BECOMING A CLINICAL PSYCHOLOGIST COULD B 4 U

"I love living in South Auckland. Working with families and working with kids is the best part of my job..."

Jennifer, Clinical Psychologist at Whirinaki in East Tamaki,
Counties Manukau District Health Board

Q What does a clinical psychologist do?

Q What subjects do I need to take at school?

Q How do I get into it?

Q Will I get a job after studying?

Q Where can I find out more information?

Do you like helping others? Are you a good listener? Are you curious about understanding why people do things?

If you answered yes then becoming a CLINICAL PSYCHOLOGIST could B 4 U!

What does a clinical psychologist do?

There are lots of different kinds of psychologists. Clinical psychologists are concerned with the diagnosis, treatment and prevention of a wide range of psychological problems affecting adults, children and families.

What subjects do I need to take at school?

Good subjects to take include Science, English and Statistics.

How do I get into it?

To become a clinical psychologist you should study a bachelor's degree in either science or arts, majoring in psychology (3 years). You will then need to complete a masters degree and postgraduate diploma in clinical psychology or an equivalent qualification such as a doctorate of clinical psychology (3 – 4 years). Clinical psychology can be taken at universities all around New Zealand. Clinical psychologists are registered with the New Zealand Psychologists Board.

Will I get a job after studying?

There are lots of employment opportunities in clinical psychology.

Where can I find out more information?

NZ Psychologists Board www.psychologistsboard.org.nz

NZ College of Clinical Psychologists www.nzccp.co.nz

NZ Psychological Society www.psychology.org.nz

The University of Auckland, Department of Psychology
www.psych.auckland.ac.nz

Auckland University of Technology, School of Psychology (only undergraduate courses) <http://www.aut.ac.nz/schools/psychology/>

Massey University, School of Psychology www.massey.ac.nz

Victoria University of Wellington, School of Psychology
www.victoria.ac.nz/psyc/

The University of Waikato, Department of Psychology
www.psychology.waikato.ac.nz

University of Canterbury, Department of Psychology
www.psyc.canterbury.ac.nz/

The University of Otago, Department of Psychology
www.psy.otago.ac.nz/

Useful websites: www.leadingmentalhealth.co.nz
www.careers.govt.nz

For any other questions call Counties Manukau District Health Board on (09) 259 5052 to speak with someone about careers or email careers@cmdhb.org.nz.